



WEEK 1

MATTHEW 5:27-28;
PSALM 139:14

Others weren't made
to be objects.

WEEK 3

GALATIANS 5:1;
1 CORINTHIANS 6:12

You were made the
boss of your body.

WEEK 2

1 CORINTHIANS 6:18-19

Sex was made
to matter.

WEEK 4

GENESIS 29

You were made
for more than sex.

TALK ABOUT THIS

WEEK 1: Say, "Hey, I know talking about lustful thoughts is awkward, but Jesus talked about it so I thought we should, too. Why do you think Jesus warned about lustful thoughts? Jesus knows what we think affects what we do. Also, God loves everyone, and we should respect what God loves, even with our thoughts. I want you to have God's best, and that begins right here (touch top of their head and smile)."

WEEK 2: Ask, "What do people at school say about sex?" Then say, "It wasn't much different when I was your age. People didn't think about how much sex matters. We didn't talk about what happens when we don't do things God's way. I don't want that for you. I want you to have God's best. And God wants you to have His best! And when it comes to sex, He knows what's best because He made it."

WEEK 3: Ask, "Have you ever felt like you had to do something you didn't want to do to make someone like you?" Then say, "I want you to stick up for yourself and say no. God put you in charge of your body. I know it's hard, but trusting God will give you relationships that don't ask you to do things that aren't best can help. And if you ever need help, text me. I'll be there, no questions asked."

WEEK 4: Say, "Have you heard the expression, 'sex sells'? The idea is when you connect sex with an object or idea, it gets you what you want—like people to buy what you're selling. It happens in everyday life, too. People are fooled into thinking if they give sex, they'll get what they want. I don't want you to ever be fooled. You never have to give sex to get something. God made you for so much more."

REMEMBER THIS

"I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well." Psalm 139:14 NIV



PARENT CUE



HIGH SCHOOL

DO THIS



MORNING TIME

Say to your teen, once they're ready for school, "Come here and turn around (smile as they turn). Looking good! You get (more beautiful, better looking) every day! I'm praying God sends you someone who will appreciate the (man, woman) you're becoming!"



MEAL TIME

Fast food makes a regular appearance in families with teens. Take advantage of it! While your teen is eating their favorite drive-thru, ask, "So, has a special (girl, guy) caught your eye lately?" After they respond, ask, "What are you looking for in a potential (boyfriend, girlfriend?)" Listen and discuss what God wants for them as well.



THEIR TIME

When you see your teen zoning out in front of YouTube or a video game, be spontaneous and say, "Hey, put on your shoes. We're going shopping for a new shirt for you. If they ask why, say, "I just had a wild idea. Let's go!" A new shirt may seem small, but the time spent with you, plus the new shirt to boost their confidence at school the next day, will be huge!



BED TIME

Sit on the bedside and ask, "Do you mind if I pray for you?" If they don't want you to, smile and say, "No worries. I can pray on my own." If they say you can, pray, "God, I pray your best for (name of teen). Please send the right person at the right time. Give (name of teen) the wisdom to choose, patience to wait, and courage to be who you made them to be. We love you, God. In Jesus' name, Amen."

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