

SUGAR Journal Example

S — Summarize

U — Underline

G — Gospel Connection

A — Apply

R — Respond

Sample:

Please Send Someone Else -- Exodus 4

S -- Moses continues to make excuses as to why he shouldn't be the one to lead the Israelites to freedom. God continues to make known the provisions He gives Moses in the process. Moses eventually relents, gets his immediate family and brother Aaron, and leads them to Egypt.

U -- "But he said, 'Oh, my Lord, please send someone else.'" (Exodus 4:13)

G -- We continue to see the effects of the fall, but also get a glimpse of God working out redemption from His people through this interaction with Moses.

A -- God does not always give assignments to those who are most qualified. If this were the case, there would be no need to rely on Him for strength, guidance, and endurance. Rather, God abides in and equips those whom He assigns. Just like Moses, we often try to make excuses as to why we are unqualified to obey God. We need to learn through this interaction that God knows our limitations, and still give us assignments anyway. When assigning us to work in our perceived weaknesses, we know that He is the one who deserves the honor and glory of making the assignment succeed.

R -- Father, remind me of this story whenever I make excuses for disobedience. Rather, help me to have the courage and discernment to accept any assignment, no matter how inadequate I may feel. Amen.